

VBCSM 2 6: Session: 3: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Weerd Amélie

Coaches: Claes Lieselotte

Coaches: Coremans Vicky

Coaches: Schepens Koen

Coaches: Van Impe Inge

Coaches: Verbinnen Nadine

Coaches: Horemans Nathalie

Coaches: Janssen Koen

Coaches: Pelgrims Ans

Coaches: Loeman Ejjennia

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 09:00
Heat: 1/3 Lane : 4 Athlete: SCHEPENS TOOR					Q-time: 01:25:03
PB (25m pool): 01:25.03 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:21.38 SB: 01:25.03 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.15		01:25.03	
		00:38.15		00:46.88	
					

Coach feedback:

Event number: 18: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 09:00
Heat: 1/3 Lane : 5 Athlete: SOENS JACK					Q-time: 01:45:26
PB (25m pool): 01:45.26 Aarschot 16/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.98		01:45.26	
		00:47.98		00:57.28	
					

Coach feedback:

Event number: 18: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 09:02
Heat: 2/3 Lane : 7 Athlete: ROCKELé LOWIE					Q-time: 01:18:40
PB (25m pool): 01:18.40 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:18.81 SB: 01:18.40 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.19		01:18.40	
		00:35.19		00:43.21	
					

Coach feedback:

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Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/4 Lane : 1 Athlete: SALAETS TESS					Q-time: 01:45:53
PB (25m pool): 01:45.53 Aarschot 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.45		01:45.53	
	00:47.45		00:58.08		
					

Coach feedback:

Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/4 Lane : 4 Athlete: BOND MAYA					Q-time: 01:25:06
PB (25m pool): 01:25.06 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:29.72 SB: 01:25.06 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.92		01:25.06	
	00:38.92		00:46.14		
					

Coach feedback:

Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/4 Lane : 8 Athlete: BELIAEV EMILY					Q-time: 01:51:84
PB (25m pool): 01:51.84 Aarschot 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.21		01:51.84	
	00:53.21		00:58.63		
					

Coach feedback:

Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 09:10
Heat: 3/4 Lane : 1 Athlete: JANSSEN LUCY					Q-time: 01:24:56
PB (25m pool): 01:24.56 Tremelo 14/12/2025					PB (50m pool): 01:24.80 SB: 01:24.56 Tremelo 14/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.30		01:24.56	
	00:37.30		00:47.26		
					

Coach feedback:

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Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 09:16
Heat: 1/4 Lane : 4 Athlete: WINDEY LOUIS					Q-time: 02:05:86
PB (25m pool): 02:05.86 Leuven. 23/02/2025					PB (50m pool): 01:52.21 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.21		02:05.86	
	01:00.21		01:05.65		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 09:20
Heat: 3/4 Lane : 6 Athlete: VANDENWEGHE DRIES					Q-time: 01:39:28
PB (25m pool): 01:39.28 Herentals 17/05/2025					PB (50m pool): 01:33.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.25		01:39.28	
	00:47.25		00:52.03		
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 09:32
Heat: 4/5 Lane : 3 Athlete: DECALUWé ELOUISE					Q-time: 01:32:55
PB (25m pool): 01:32.55 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:32.10 SB: 01:32.55 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.64		01:32.55	
	00:43.64		00:48.91		
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 09:32
Heat: 4/5 Lane : 8 Athlete: VERVLOET LIN					Q-time: 01:33:77
PB (25m pool): 01:33.77 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:39.24 SB: 01:33.77 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.30		01:33.77	
	00:44.30		00:49.47		
					

Coach feedback:

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Event number: 21: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 09:34
Heat: 5/5 Lane : 1 Athlete: PISCAER STANSE					Q-time: 01:31:04
PB (25m pool): 01:31.04 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:30.77 SB: 01:31.04 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.19		01:31.04	
	00:41.19		00:49.85		
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 09:34
Heat: 5/5 Lane : 6 Athlete: UYTTERHOEVEN FIEBE					Q-time: 01:19:19
PB (25m pool): 01:19.19 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:21.73 SB: 01:19.19 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.11		01:19.19	
	00:37.11		00:42.08		
					

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+					Heat:2, starttime: 09:38
Heat: 2/6 Lane : 1 Athlete: TORDOIR MILAS					Q-time: 01:19:24
PB (25m pool): 01:22.60 Heist-op-den-Berg 10/01/2026 PB (50m pool): 01:19.24 SB: 01:22.60 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.87		01:22.60	
	00:40.87		00:41.73		
					

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:40
Heat: 3/6 Lane : 1 Athlete: SOENS JACK					Q-time: 01:11:52
PB (25m pool): 01:11.52 Heist-op-den-Berg 10/01/2026 PB (50m pool): 01:12.38 SB: 01:11.52 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.48		01:11.52	
	00:34.48		00:37.04		
					

Coach feedback:

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Event number: 22: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:40
Heat: 3/6 Lane : 3 Athlete: ROCKELé LOWIE					Q-time: 01:08:03
PB (25m pool): 01:08.03 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:08.97 SB: 01:08.03 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.34		01:08.03	
	00:32.34		00:35.69		
					

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:40
Heat: 3/6 Lane : 4 Athlete: MERTENS LANDER					Q-time: 01:07:39
PB (25m pool): 01:07.39 LEUVEN 23/11/2025 PB (50m pool): 01:08.04 SB: 01:07.39 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.59		01:07.39	
	00:31.59		00:35.80		
					

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+					Heat:4, starttime: 09:42
Heat: 4/6 Lane : 1 Athlete: SCHEPENS TOOR					Q-time: 01:06:97
PB (25m pool): 01:06.97 Heist-op-den-Berg 10/01/2026 PB (50m pool): 01:08.51 SB: 01:06.97 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.79		01:06.97	
	00:32.79		00:34.18		
					

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+					Heat:4, starttime: 09:42
Heat: 4/6 Lane : 2 Athlete: MAERTENS TOON					Q-time: 01:04:41
PB (25m pool): 01:04.41 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:05.72 SB: 01:04.41 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.06		01:04.41	
	00:31.06		00:33.35		
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 09:54
Heat: 4/8 Lane : 2 Athlete: BELIAEV EMILY					Q-time: 01:13:33
PB (25m pool): 01:13.33 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:15.77 SB: 01:13.33 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.72		01:13.33	
	00:35.72		00:37.61		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 09:54
Heat: 4/8 Lane : 5 Athlete: BOND MAYA					Q-time: 01:11:42
PB (25m pool): 01:11.42 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:12.97 SB: 01:11.42 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.18		01:11.42	
	00:34.18		00:37.24		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 09:54
Heat: 4/8 Lane : 8 Athlete: SALAETS TESS					Q-time: 01:14:59
PB (25m pool): 01:14.59 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:16.56 SB: 01:14.59 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.40		01:14.59	
	00:35.40		00:39.19		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 09:56
Heat: 5/8 Lane : 8 Athlete: VERVLOET LIN					Q-time: 01:11:20
PB (25m pool): 01:11.20 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:13.14 SB: 01:11.20 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.91		01:11.20	
	00:33.91		00:37.29		
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 09:58
Heat: 6/8 Lane : 5 Athlete: UYTTERHOEVEN FIEBE					Q-time: 01:07:41
PB (25m pool): 01:07.41 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:09.99 SB: 01:07.41 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.08		01:07.41	
	00:32.08		00:35.33		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 09:58
Heat: 6/8 Lane : 6 Athlete: DECALUWé ELOUISE					Q-time: 01:07:70
PB (25m pool): 01:07.70 Heist-op-den-Berg 10/01/2026 PB (50m pool): 01:09.76 SB: 01:07.70 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.27		01:07.70	
	00:32.27		00:35.43		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 09:58
Heat: 6/8 Lane : 8 Athlete: PISCAER STANSE					Q-time: 01:08:31
PB (25m pool): 01:08.31 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:10.60 SB: 01:08.31 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.39		01:08.31	
	00:32.39		00:35.92		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 10:00
Heat: 7/8 Lane : 1 Athlete: JANSSEN LUCY					Q-time: 01:06:02
PB (25m pool): 01:06.02 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:08.68 SB: 01:06.02 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.87		01:06.02	
	00:31.87		00:34.15		
					

Coach feedback:

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Event number: 26: 50M FREESTYLE MEN 11+			Heat:1, starttime: 10:26
Heat: 1/6 Lane : 4 Athlete: SOENS JACK			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11+			Heat:2, starttime: 10:28
Heat: 2/6 Lane : 5 Athlete: WINDEY LOUIS			Q-time: 00:40:09
PB (25m pool): 00:40.09 LEUVEN. 22/02/2026			PB (50m pool): 00:43.07 SB: 00:40.09 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:40.09	
	00:40.09		
			

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11+			Heat:4, starttime: 10:30
Heat: 4/6 Lane : 2 Athlete: TORDOIR MILAS			Q-time: 00:33:70
PB (25m pool): 00:33.70 LEUVEN. 22/02/2026			PB (50m pool): 00:38.98 SB: 00:33.70 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:33.70	
	00:33.70		
			

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11+			Heat:5, starttime: 10:30
Heat: 5/6 Lane : 2 Athlete: MAERTENS TOON			Q-time: 00:29:32
PB (25m pool): 00:29.32 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:30.27 SB: 00:29.32 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:29.32	
	00:29.32		
			

Coach feedback: